

# The Parrot

**DRINK**

TUE-SAT 11AM-2.30PM/6PM-11PM  
SUN 11AM-5PM

**EAT**

TUE-SAT 12PM-2PM / 6PM-8.30PM  
SUN 12PM-2.30PM

**TAG US**



**APERITIF**

ADNAMS COPPER HOUSE  
GIN & FEVERTREE TONIC

5.50

GLASS OF PROSECCO

125ML - 4.50

WHISKEY MAC

4.00

PARROT BLOODY MARY

4.50

ADNAMS SLOE GIN

3.50



**MAINS**

**\*SMALL BITES\***

SELECTION OF PUMP STREET BAKERY  
BREAD.....3.95

BOWL OF MIXED OLIVES.....3.50 TODAY'S SOUP W/ BREAD.....5.50

SMOKED LEMON HOUMOUS, WARM PITTA.....4.50

BUFFALO CHICKEN WINGS, BLUE CHEESE DIPPING SAUCE.....7.25

CRISP PEAR, WALNUT AND DAIRY-FREE FETA SALAD WITH  
ENDIVE AND RADICCHIO.....7.25

DEEP-FRIED CAMEBERT, STICKY RED ONION JAM.....7.25

**\*\*ROAST\*\***

**\*\*ROAST SIRLOIN\*\***

*GOOSE FAT POTATOES,  
AUTUMN VEG, YORKIE, GRAVY*

**13.50**

**KIDS**

- Kids roast beef and trimmings..9.95
- Cheese & tomato flatbread pizza..6.50
- Plaice, chips, peas...7.50
- Cheese burger and fries...7.50
- Braised chicken and veggie rice...7.50
- 2 Scoops ice cream....4.25

- 6OZ BEEF BURGER, STREAKY BACON, MONTERAY JACK, CHIPOTLE MAYO, RED CABBAGE 'SLAW,  
SEASONED FRIES, SALAD.....13.50
- 10OZ SALTER AND KING RUMP STEAK, SALAD, SEASONED FRIES.....17.50
- BAKED PLAICE FILLET, GARDEN PEAS, SEASONED FRIES AND TARTARE SAUCE .....14.25
- WILD MUSHROOM AND WHITE WINE RISOTTO, ROCKET AND PARMESAN.....12.75
- BRAISED SPANISH STYLE CHICKEN THIGHS, MORCILLA MASH, GREEN BEANS.....13.50
- STUFFED ROMANO PEPPER, CHARRED COURGETTE, ROAST GARLIC AND TOMATO EMULSION.....12.25
- HAKE FILLET, CURLY KALE, GARLIC BUTTERED NEW POTATOES, BROWN SHRIMP CREAM.....13.50

**DESSERTS**

- SELECTION OF MARYBELLE ICE CREAM .....4.95
- SELECTION OF BRITISH CHEESE, CRACKERS, CHUTNEY, GRAPES ..7.50
- TRY THE CHEESE BOARD WITH SUFFOLK ICED CIDER.... 50ML..... 3.75

- WARM WALNUT AND TREACLE TART, CLOTTED CREAM.....5.50
- LEMON AND THYME SPONGE, POACHED FIG, DAIRY FREE ICE CREAM.....5.50
- DEATH BY CHOCOLATE - BROWNIE, WHITE AND DARK CHOCOLATE MOUSSE, CHOCOLATE SAUCE.....5.50
- TONKA BEAN CRÈME BRULEE, ORANGE SCENTED SHORTBREAD.....5.50
- BLACKBERRY CHEESECAKE, GINGERNUT CRUMB, SPICED APPLE COMPOTE.....5.50