

The Parrot

DRINK

TUE-SAT 11AM-2.30PM/6PM-11PM
SUN 11AM-5PM

EAT

TUE-SAT 12PM-2PM / 6PM-8.30PM
SUN 12PM-2.30PM

**TAG
US**



APERITIF

ADNAMS COPPER HOUSE
GIN & FEVERTREE TONIC

5.50

GLASS OF PROSECCO

125ML - 4.50

WHISKEY MAC

4.00

PARROT BLOODY MARY

4.50

ADNAMS SLOE GIN

3.50

CHRIS' SEASONAL GIN

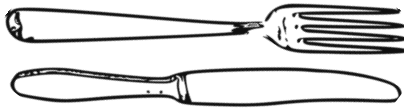
3.00



SMALL BITES

- SELECTION OF PUMP STREET BAKERY BREAD.....3.95
- BOWL OF MIXED OLIVES.....3.50
- TODAY'S SOUP W/ BREAD.....5.50
- SMOKED LEMON HOUMOUS, WARM PITTA.....4.50
- PAN SEARED SCALLOPS, PEA PUREE, CRISP PANCETTA.....7.95
- BUFFALO CHICKEN WINGS, BLUE CHEESE DIPPING SAUCE.....7.25
- CRISP PEAR, WALNUT AND DAIRY-FREE FETA SALAD WITH
ENDIVE AND RADICCHIO.....7.25
- SAUTEED SQUID, SWEET CHILLI SAUCE, ROCKET, SESAME.....7.50
- DEEP-FRIED CAMEMBERT, STICKY RED ONION JAM.....7.25

MAINS

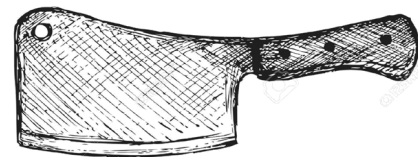


- SLOW COOKED CURRIED GOAT, VEGETABLE PILAU
RICE, WARM FLAT BREAD, CARROT CHUTNEY..14.95
- 6OZ BEEF BURGER, STREAKY BACON, MONTERAY
JACK, CHIPOTLE MAYO, RED CABBAGE 'SLAW
SEASONED FRIES, SALAD.....13.50
- 10OZ. SALTER AND KING RUMP STEAK, SALAD,
SEASONED FRIES.....17.95
- BRAISED SPANISH STYLE CHICKEN THIGHS,
MORCILLA MASH, GREEN BEANS.....13.50
- BAKED PLAICE FILLET, GARDEN PEAS, SEASONED
FRIES AND TARTARE SAUCE.....14.25
- STUFFED ROMANO PEPPER, CHARRED COURGETTE,
ROAST GARLIC AND TOMATO EMULSION.....12.25
- WILD MUSHROOM AND WHITE WINE RISOTTO,
ROCKET AND PARMESAN.....12.75
- BAKED HAKE FILLET, CURLY KALE, GARLIC
BUTTERED NEW POTATOES, BROWN SHRIMP
CREAM.....13.50

• STEAKS •

CHECK THE CHALK BOARD FOR
TODAYS STEAKS FROM

salter & king
CRAFT BUTCHER



SIDES

- SEASONED SKIN ON FRIES.....3.00
- PEPPERCORN SAUCE.....3.00
- GREEN BEANS WITH PESTO.....3.00
- MIXED SALAD.....3.00
- BUTTERED NEW POTATOES.....3.00
- RED CABBAGE 'SLAW.....3.00



CHECK OUR BOARDS FOR TODAY'S SPECIALS



DESSERTS

- SELECTION OF MARYBELLE ICE CREAM4.95
- SELECTION OF BRITISH CHEESE, CRACKERS, CHUTNEY, GRAPES ..7.50
- TRY THE CHEESE BOARD WITH SUFFOLK ICED CIDER.... 50ML..... 3.75
- WARM WALNUT AND TREACLE TART, CLOTTED CREAM.....5.50
- LEMON AND THYME SPONGE, POACHED FIG, DAIRY FREE ICE CREAM.....5.50
- DEATH BY CHOCOLATE - BROWNIE, WHITE AND DARK CHOCOLATE MOUSSE, CHOCOLATE SAUCE.....5.50
- TONKA BEAN CRÈME BRULEE, ORANGE SCENTED SHORTBREAD.....5.50
- BLACKBERRY CHEESECAKE, GINGERNUT CRUMB, SPICED APPLE COMPOTE.....5.50

KIDS

- Smoked ham, fried egg, chips....6.95
- Cheese & tomato flatbread pizza....6.50
- Plaice, chips, peas...7.50
- Cheese burger and fries...7.50
- Braised chicken and veggie rice...7.50
- 2 Scoops ice cream....4.25



WE ARE ESPECIALLY PROUD THAT WE MAKE OUR OWN KETCHUP TO OUR UNIQUE RECIPE. I'M SURE YOU'LL AGREE THAT IT IS VERY TASTY INDEED.

SANDWICHES

SMOKED SALMON AND CREAM CHEESE
MATURE ENGLISH CHEDDAR AND RED
ONION CHUTNEY
SMOKED HAM, GRAIN MUSTARD
ALL 6.95
ON PUMP STREET GRANARY BREAD
AVAILABLE AT LUNCH TIMES ONLY

POST DINNER DRINKS



- CAPPUCCINO...2.70
- LATTE...2.70
- ESPRESSO...2.00
- DOUBLE ESPRESSO...2.50
- AMERICANO...2.50
- LIQUEUR COFFEE...5.50
- POT OF LOOSE LEAF TEA...2.50
- TAYLORS PORT...3.25
- REMY MARTIN...3.50/25ML
- TIPSY AFFOGATTO...5.25



WHAT'S ON

THURSDAY 31ST OCTOBER

SPOOKY HALLOWEEN QUIZ AND SUPPER

6.30PM SAUSAGE AND MASH SUPPER
7.30PM THE GOULISH QUIZ STARTS
TEAMS MAX OF 6 - £10 PER PERSON - BOOK AT THE BAR

FRIDAY 22ND NOVEMBER

'SAVE OUR SUFFOLK' PUB QUIZ

AN EVENING OF RAISING MONEY TO HELP SAVE THE ALDE AND ORE ESTUARY
BOOK ONLINE OR AT THE BAR - £5 PER PERSON TEAMS MAX 8

SATURDAY 7TH DECEMBER

ALDRINGHAM VILLAGE CHRISTMAS SUPPER AND MEAT RAFFLE

JOIN US FOR A BARGAIN 3 COURSE SET MEAL FOR JUST £13.50 FOLLOWED BY OUR HUGE CHRISTMAS MEAT RAFFLE

TUESDAY 10TH DECEMBER

CAROLS ON THE GREEN

THE ANNUAL ALDRINGHAM TRADITION RETURNS ONCE AGAIN

WEDNESDAY 18TH DECEMBER

CHRIS' CHRISTMAS QUIZ

6.30PM BEEF CASSEROLE AND MASH
7.30PM QUIZ STARTS
TEAMS MAX OF 6 - £10 PER PERSON - BOOK AT THE BAR



ASK ABOUT OUR RANGE OF LOOSE LEAF TEA FROM THE TEA PEOPLE

WE ALSO HAVE DAIRY FREE MILK ALTERNATIVES AVAILABLE FOR COFFEE AND TEA

EXTRA TASTY FRIES?

THAT'S BECAUSE WE MAKE OUR VERY OWN SPECIAL SEASONING THAT WE SPRINKLE ALL OF OUR SKIN ON FRIES WITH.

