

APERITIF

0% GORDONS GIN & FEVERTREE

5.50

WINTER GIN MULE

5.50

BELLINI

6.25

ADNAMS PROSECCO

5.80

ADNAMS SLOE GIN

3.50

TIKI PINEAPPLE RUM & LEMONADE

4.30

NIBBLES

MIXED OLIVES

3.50

HARVEY AND CO BREADS

3.95

ROAST ONION HOUMOUS WITH

WARM PITTA

4.50

CHARRED SOURDOUGH WITH

GARLIC BUTTER

3.25

CHRIS' TASTY NUTS & SEEDS

2.50



MAIN MEALS

BAKED FILLET OF HADDOCK, GARDEN PEAS, SKIN ON FRIES, TARTARE SAUCE

14.50

SLOW COOKED GOAT CURRY, PILAF RICE, FLAT BREAD AND CARROT AND CHILLI PICKLE

14.50

COQ AU VIN - CHICKEN THIGHS IN RED WINE, BACON LARDONS AND MUSHROOM, MASH AND BROCCOLI

14.50

ROAST SQUASH, HARISSA ROAST VEGETABLE ORZO, PARSLEY OIL, SALT ROASTED CASHEWS

12.95

BARNSLEY LAMB CHOP, CARAWAY BUTTERED KALE, DAUPHINOISE POTATOES, RED CURRANT SAUCE

18.50

SALTER AND KING 10OZ SIRLOIN STEAK, BEEF TOMATO, FLAT MUSHROOM, SALAD AND FRIES

22.95

BEETROOT TART FINE, TOASTED WALNUTS, NEW POTATOES

13.95

PAN FRIED SEA BASS, CRISP POLENTA CAKE, GREEN BEANS, CHERRY TOMATOES, GREMOLATA

15.95

6OZ SALTER AND KING BEEF BURGER, SMOKED BACON, MONTERAY JACK, CHIPOTLE MAYO, PICKLED GHERKIN, BRIOCHE BUN, COLESLAW, SALAD, SKIN-ON FRIES

14.95

IF YOU HAVE ANY ALLERGIES OR INTOLERANCES PLEASE MAKE A MEMBER OF THE TEAM AWARE.

STARTERS

WILD MUSHROOMS IN BINHAM BLUE CHEESE SAUCE, SOUR DOUGH TOAST

7.75

PAN SEARED SCALLOPS, PEA PUREE, PANCETTA, PEA SHOOTS

8.95

PLEASE ASK A MEMBER OF THE TEAM FOR TODAY'S SOUP

6.25

FIG, SHALLOT AND WATER CRESS SALAD, PARSNIP CRISPS

7.50

SMOKED MACKEREL, FENNEL, ORANGE AND DILL SALAD

8.25

SWEET AND SPICY PORK BELLY BITES, PICCALILLI SPICED CORN, CELERIAC PUREE

8.25

SIDES

OUR SEASONED SKIN ON FRIES

3.50

GARDEN VEGETABLES

3.50

MIXED GREEN SALAD

3.60

BUTTERED NEW POTATOES

3.50

CREAMY COLESLAW

3.00

PEPPERCORN SAUCE

3.80

DESSERTS

DEATH BY CHOCOLATE - CHOCOLATE BROWNIE, CHOCOLATE GANACHE,
WHITE CHOCOLATE MOUSSE

6.50

BANANA BREAD, MAPLE GLAZED PECANS, VANILLA ICE CREAM

6.50

MORRELLO CHERRY CHEESECAKE WITH CHOCOLATE BISCUIT CRUMB

6.50

PINA COLADA TRIFLE

6.50

A SELECTION OF EAST ANGLIAN CHEESE, CRACKERS, QUINCE JELLY
AND APPLE

8.50

SELECTION OF SUFFOLK MEADOW ICE CREAM

5.75

KIDS

CHEESE BURGER AND FRIES

7.50

BAKED HADDOCK, PEAS, FRIES

7.50

CHEESE AND TOMATO FLATBREAD PIZZA

6.95

MUSHROOM LINGUINE

6.95

SANDWICHES

SERVED ON GRANARY BREAD

LUNCH TIMES ONLY

ALL SANDWICHES

7.25

SUFFOLK CHEDDAR AND ONION CHUTNEY

PRAWN AND PAPRIKA MAYO

FISH FINGER AND TARTARE SAUCE

POST DINNER TIPPLE

CAPPUCCINO

2.80

LATTE

2.80

ESPRESSO

2.20

DOUBLE ESPRESSO

3.00

AMERICANO

2.65

HOT CHOCOLATE WITH CREAM
AND MARSHMALLOWS

3.80

LIQUEUR COFFEE

5.80

POT OF LOOSE LEAF TEA

2.60

TAYLORS PORT

3.50

REMY MARTIN

3.50/25ML

TIPSY AFFOGATTO

5.65

BOOZY BLACK FOREST HOT
CHOCOLATE

5.80

THE PARROT PUZZLER

JOIN CHRIS EVERY SUNDAY
EVENING ON FACEBOOK AS HE
PUTS YOU THROUGH YOUR
PACES WITH 20 PUB QUIZ
QUESTIONS.

BE SURE TO LIKE US AND
SHARE WITH YOUR FRIENDS.

IT'S NEARLY CHRISTMAS

CHECK OUT OUR WEBSITE
FOR FULL DETAILS OF
CHRISTMAS. WE HAVE A
PACKED DECEMBER.

BOOK FOR CHRISTMAS DAY.

HAVE A CHRISTMAS PARTY
MEAL HERE.

ASK A MEMBER OF THE TEAM
FOR MENUS

SUNDAY LUNCH

WE OFFER A DELICIOUS ROAST SIRLOIN
OF BEEF EVERY SUNDAY LUNCH.

£14.95 EVERY SUNDAY

BOOK YOUR TABLE WITH A MEMBER OF
THE TEAM.

EAT

TUE - SAT 12PM - 2PM / 6PM - 8.30PM

SUN 12PM - 2.30PM

DRINK

TUE - SAT 12PM - 2PM / 6PM - 10PM

SUN 12PM - 5PM

01728 830221 PARROTANDPUNCHBOWL@HOTMAIL.COM

